



North Coast Unity Newsletter

Summer 2025

This publication is confidential and is intended for member of Alcoholics Anonymous only.

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The North Coast Unity Newsletter is a free service brought to you from Humboldt County Intergroup (HCI). You may also submit group or event information to be published in future newsletters. Submissions may include event flyers, group updates, birthdays and/or creative contributions about personal experiences in recovery.

To request your copy of the newsletter or for submissions please contact us via email at:

northcoastunity@gmail.com

or via snail mail at:

**Humboldt County Intergroup
PO Box 7102
Eureka, CA 95502**

Visit the local AA Meeting Guide Directory

aahumboltdelnorte.org/meetings/ for a list of registered meetings within AA's District 15 of the California Northern Coastal Area 06, featured on the website for Humboldt and Del Norte County meetings.

Recovery Reflection for Summer

Spiritual experience in A.A. is broad and varied, and for those members who struggle with spiritual concepts, ongoing sobriety often brings the realization that – in some remarkable and unforeseen way – they have indeed experienced a spiritual change.

With few exceptions our members find that they have tapped an unsuspected inner resource which they presently identify with their own conception of a Power greater than themselves. Most of us think this awareness is the essence of spiritual experience.

- from the AA pamphlet: "Many Paths to Spirituality"

Anonymous Humor

They say that alcoholics often suffer from two obvious symptoms. One is memory loss and I don't remember the other one.



HCI News & Events

Upcoming 2025 HCI Events

- Unity Day (July 19)
- Blue Slide Camp Out (July 25-27)
- HCI Picnic (August 23)
- Second Chance Prom (October)
- Holiday Dinner (December)

HCI Business Meetings

1st Monday of Every Month;
6:30pm to 7:30pm
Zoom Meeting ID: 985 0863 7587
Password: 707

2025 HCI Service Members

Chair: Megan M.
Vice Chair: Jada B.
Treasurer: David C.
Recording Secretary: Charlie H.
Speaker Meeting Chair: Tina M.
Answering Service Chair:
NCU Editor Chair: Brad H.

To contact HCI outside of the regularly scheduled
monthly meeting:

Humboldt County Intergroup
PO Box 7102
Eureka, CA 95502

Or via Email at: northcoastunity@gmail.com

Or via voicemail at: 707-273-1170
Someone will return your call!

HCI 7th Tradition

7th Tradition accepted via Venmo:
[@HumboldtCounty-Intergroup](https://www.venmo.com/HumboldtCounty-Intergroup)

Or by check via mail to:
Humboldt County Intergroup
POB 7102
Eureka, CA 95502

Questions?
Email: HCITreasurer28@gmail.com



AA Helpline Answering Services

*Humboldt (844) 442-0711
Del Norte (707) 464-3411*

*Get help by calling either phone
number above or
Click [HERE](#) to find local AA
Meetings*

*Meetings held daily via Zoom,
over the Phone,
In-person & more!
www.aahumboldtadelnorte.org*



4th of July
AA Potluck and Speaker Meeting

Everyone is welcome! Kid friendly and fun!

JULY 4th, 2025

United Methodist Church, Arcata

3pm - Games
4:30pm - Speaker
5:30pm - Potluck

General Service

District 15 - Humboldt/Del Norte

Panel 74 Business Meetings
2nd Saturday of Every Month; 10:00AM
IN-PERSON at the Adorni Center, Eureka
Or via Zoom
Meeting ID#: 827 1055 4729
Password: 1935
Panel 74 DCMC: Janine L. from Fortuna

California Northern Coastal Area 06

Area Committee Meeting
4th Saturday of Every Month
For all Area & District Members
Zoom ID: 632 553 607
Password: 1935

Also consider visiting <http://www.cnca06.org/> for up-to-date information regarding the entire area.
Available in English and Spanish!

AA General Service Areas in California



- A - CA Northern Coastal Area 06
- B - CA Northern Interior Area 07
- C - CA Central Area 93
- D - CA Mid-Southern Area 09
- E - CA San Diego-Imperial Area 08
- F - CA Southern Area 05
- G - Nevada Area 42

Public Information & Cooperation with Professional Communities

Tracy D. is the new PI/CPC Chair.
Thank you for your service! We'll share more information as it comes in.

Conference Approved Literature Links

AA Literature is available to read online and for hardcopy purchase at: www.aa.org

Most items can be downloaded and printed once per AA member. Be sure to tell all newcomers that join your meetings that AA literature is readily available!

Please share the following links!

- [Literature Catalog](#)
- [The Big Book](#)
- [12 Steps & 12 Traditions](#)
- [AA Group Handbook](#)
- [General Service Representative Kit](#)

Hospitals & Institutions Committee

The only purpose of Hospitals and Institutions is to carry the message of AA to alcoholics in Corrections and Treatment facilities and facilities serving alcoholics around the globe. The activities of this committee are governed by the Twelve Traditions and based on the spiritual principles embodied within the Twelve Concepts of Alcoholics Anonymous. AA Literature is brought into the meeting and provided free to the members who attend; approximately 90% of the money contributed to the H&I Pink Cans in your meetings is utilized for this purpose.

H&I VOLUNTEERS ARE NEEDED
In Humboldt County!

For more information, please contact Tony S at 707-616-4082 or you can use this link www.handinorcal.org



JULY 19TH

UNITY DAY

BBQ & POTLUCK

12:00 PM - 4:00 PM

**AREA 06 DELEGATE REPORT,
PANEL SPEAKERS,
& LAWN GAMES**

Humboldt Hill Grange

5845 Humboldt Hill Rd, Eureka, CA 95503

Contacts:

408-410-1456

707-601-4486

SEE YOU THERE!



HCI Campout Subcommittee Presents Campout at Blue Slide

Sunlight of the Spirit
July 25th-27th

Pre-Registration T-Shirts
available for \$20 online
until July 1st.

Check box at registration.

Full Weekend

\$75

Half Campout
Friday/Saturday

\$40

Day Pass Friday

\$10

Day Pass Saturday

\$15

For More Information

Patrick: Chair
707-499-9446

Charlie: Co-Chair
707-273-2529

REGISTER
EARLY!



email
hcicampout@gmail.com

registration
www.hci-campout.webnode.page



[Redwood Coast Roundup](#)

Next Round up will be August 1-3, 2025

You will be amazed.

Join the fun and help us put on a roundup

Service positions available.

Please join the committee.

Jeanne O'N. Chairman 707-496-2933

Come to the planning meeting. The last one this year will be on

Monday, July 14th

thru the gate to the classroom 1112 5th St. Eureka

REGISTER FOR THE ROUNDUP AT
redwoodcoastroundup.org

The price goes up by \$5 after July 22

redwoodcoastroundup@gmail.com



Local Meeting News & Events



GAME NIGHT
2ND TUESDAY
8:15 - 9:30PM

LOCATION:
13TH & UNION - ARCATA
PARK IN BIG PARKING LOT,
LOOK FOR A.A. SIGN IN DOORWAY
CAMPBELL CREEK CONNEXION

16TH & L
NIGHT OWLS
ONE GROUP, TWO WEEKLY MEETINGS
16TH & L STREETS IN FORTUNA
WACKY WEDNESDAY @ 7 PM
FRIDAY NIGHT LIVE @ 7 PM

FORTUNA MENS GROUP
BIG BOOK STUDY
10 AM
FIRESIDE ROOM
2331 ROHNERVILLE RD
FORTUNA, CA 95540

TGIF YPAA
fridays 6:45-8:15 pm
--hybrid--
Church of the
Joyful Healer
1944 Central Ave.
McKinleyville
open to all
AA members
Kids welcome!
zoom meeting id: 815 4144 9016
passcode: 707